

A + BEE

Tarot for the Month

by Beth



The Empress

It's time to think about self-care and how highly you prioritise being gentle and generous towards yourself. Think about what you need to feel good - whether that's nourishing food,

clean bedsheets, time in nature, alone time or whatever - and whether you allow yourself those simple things. Self care is not a luxury, it's an important part of living a happy, sustainable life. If you're busy looking after everyone else and neglecting your own needs, it's time for a re-think. Don't let yourself burn out! Treat yourself with respect and love, so that you have the strength you need to do everything else.

Staff Spotlight: Maree



Hi galactic explorers!

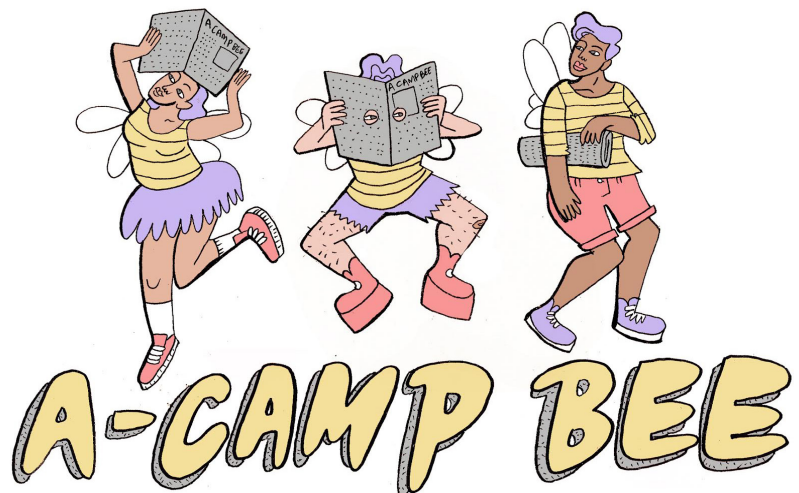
Welcome to Issue 38 of the A+ Bee! AKA the SPACE BEE in honor of Sally Ride day on May 26th. This bee includes an out of this world playlist, a coloring page featuring Sally herself and a constellation by number. Enjoy, supernovas! We'll see you on the mountain!



OUT OF THIS WORLD PLAYLIST

1. Space Oddity, David Bowie
2. Supernova, Liz Phair
3. Rocket Man, Elton John
4. North Star, Jenny Owen Youngs
5. Starships, Nicki Minaj
6. Space Jam, Quad City DJ's
7. Supernova Girl, Protozoa

Coming soon to a mountain near you!



Meetup Recap

by Claire

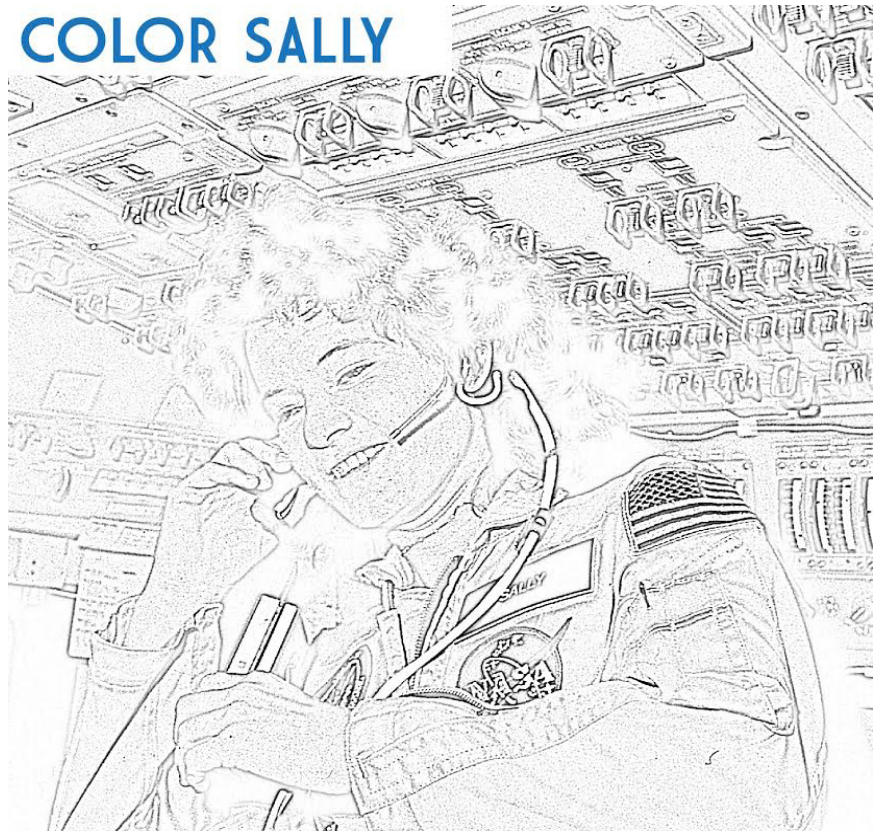


Cincy Straddlers did another amazing self-love-filled photoshoot! We hung out, took some amazing pictures of each other at beautiful

Ault Park, and grabbed some delicious tacos and watermelon lime juice afterwards. It was such a delightful, relaxed hangout and a perfect way to get some profile picture updates!



COLOR SALLY



MAY 26th
SALLY RIDE DAY

SALLY RIDE FACTS

- 1 MASTER OF NYT CROSSWORD PUZZLE**
- 2 NAMED TO THE NATIONAL WOMEN'S HALL OF FAME**
- 3 WAS A ONCE ASPIRING TENNIS PLAYER**
(RANKED TOP 20 JUNIOR TENNIS STARS IN THE COUNTRY)
- 4 FIRST WOMAN IN SPACE FIRST LESBIAN & YOUNGEST**
(AT 32)



CONSTELLATION BY NUMBER